

03. Obesity: The Physical Emotional and Financial Costs - Dr. Jonathan Colter

Obesity. The Physical Emotional and Financial Costs With Dr Jonathan Colter

Dr. Jonathan Neal Colter was a practicing chiropractic physician in North Carolina for over 20 years. During that time he was exposed to patients suffering from various health conditions ranging from cancer, high blood pressure, obesity, diabetes, heart disease, chronic illness, degenerative arthritis and depression.

He is passionate about health and believes that under the current model in health care, a patient presents with a problem and the doctor addresses that problem.

Twenty plus years in practice has taught him that this model does **NOT** help restore health to the body. This merely treats SYMPTOMS and allows the UNDERLYING PROBLEM to go unresolved.

The purpose of his blog is to expose readers to information that can help transform each of us to a new height of better understanding and self awareness.

In doing so, it will empower the reader to take back control of his or her own life and recognize what it requires to truly experience GOOD HEALTH and TRUE HAPPINESS.

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