

Are You Experiencing Fatigue After Stroke?



Transcription:

Bill 0:00

Good day! Bill from recoveryafterstroke.com, I am getting ready to do an interview next week with an occupational therapist.

And the topic we're going to be discussing is fatigue. So before we get going, we came up with the idea to come to you and ask you what it is that you're struggling with, specifically, after stroke when it comes to fatigue, what is it stopping you from doing? What are the challenges that you have?

Bill 0:29

And what are some of the questions that you might want answered regarding your particular issue with fatigue. So do me a favor, if you ask somebody who has had a stroke or you know somebody who's had a stroke and is struggling with fatigue, then please give me your questions. So that I can ask my guest, David Norris, the occupational therapist in the podcast that's coming up in the next week.

Bill 1:00

So please feel free to leave a comment down below. I look forward to receiving those comments and then I really look forward to trying to get some answers for

you that are specific to your needs so that we can maybe help you overcome fatigue a little bit.